

200 hour teacher training application
Balance Yoga & Fitness

Name:

Phone:

Preferred email address:

Home address:

Date of birth:

How long have you been practicing yoga?

Why are you interested in a yoga teacher training?

What has yoga taught you (both on and off the mat)?

Do you have any teaching experience (school, fitness, etc.)?

What do you want out of a teacher training?

Knowing the level of commitment that a teacher training takes, what might get in your way of achieving this goal?

Is there a specific group of people you would like to target your teaching towards (teens, seniors, prenatal, etc.)?

Do you have any questions, comments, or concerns about this training?

